

# Your Cigna Onsite Representative is Here To Support You!

**Cigna Members – Reach out to your Representative today!**

**Confidential** and convenient service is just one more way we're committed to helping you!



**Jennifer Gumbs-Chinnery**

- ❖ **Dedicated Client Service Representative**
- ❖ **Assist and educate with benefit questions**
- ❖ **Assist with claims questions**
- ❖ **Assist with wellness offerings, including MotivateMe, Health Risk Assessment (HRA), etc.**

Help answer questions about [www.myCigna.com](http://www.myCigna.com) and the Cigna Mobile App

You may also call Cigna's 24/7/365 Customer Service at 800.433.1230

[Jennifer.Gumbs-Chinnery@Cigna.com](mailto:Jennifer.Gumbs-Chinnery@Cigna.com)  
800 Nisky Center, Suite 740  
St. Thomas, VI 00802  
340.714.7386 (office) or  
340.690.0221 (mobile)



# GETTING HEALTHIER JUST GOT EASIER

Your Health Coach is here to support you every step of the way.

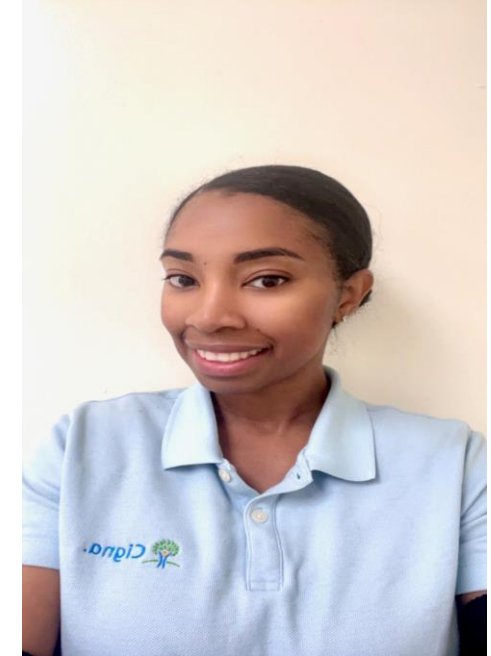


**Meet your St. Croix Health Coach**  
**Ashley Megahy, RN, BSN**



**Schedule an appointment today**

- › **Office: 340.719.8080**  
**Call or Text: 340.201.7843**
- › **Email: > [ashley.megahy@cigna.com](mailto:ashley.megahy@cigna.com)**
- › **Location:**  
**4500 Sunny Isles Medical Center, Suite 19**  
**Christiansted, VI 00820**
- › **Coach Hours: M/W/F: 9:00am - 4:30pm**



# GETTING HEALTHIER JUST GOT EASIER

Your Health Coach is here to support you every step of the way.



**Meet your St. Croix Health Coach**  
**Chris Adeen, RN, MSN**



**Schedule an appointment today**

- > **Office: 340.719.8080**  
**Call or Text: 340.244.5627**
- > **Email: [Chris.Adeen@evernorth.com](mailto:Chris.Adeen@evernorth.com)**
- > **Location:**  
**4500 Sunny Isles Medical Center, Suite 19**  
**Christiansted, VI 00820**
- > **Coach Hours: M/W/F: 9:00am - 4:30pm**



# GETTING HEALTHIER JUST GOT EASIER

Your Health Coach is here to support you every step of the way.



**Meet your St. Croix Health Coach  
Eileen McNally, RN**



**Schedule an appointment today**

- **Office: 340.714.7383**  
**Call or Text: 340.514.0395**
- **Email: [Eileen.Mcnally@evernorth.com](mailto:Eileen.Mcnally@evernorth.com)**
- **Location:**  
**8000 Nisky Center, Suite 740**  
**St. Thomas, VI 00802**
- **Coach Hours: M/W/F: 9:00am - 4:30pm**

